

C.A.S.E.

CHILDREN AND SAFETY EDUCATION Ltd

Helping to keep our youngsters safe



The safety of our youngsters today is paramount, one only has to look at or hear news headlines to see this. Children as young as 5 years of age (and even younger) have been offered drugs, get involved in incidents, go off with someone, are abused or they are injured in some other way. It is now extremely important that Personal Safety Messages are extended to young children in Key Stage 1.

Former Nottinghamshire Police **D.A.R.E.** Officers Steve Cree and Geoff Stafford developed **C.A.S.E.** three years ago. It is an exciting weekly educational programme delivered by the retired Police Officers, both of whom are vastly experienced in life skills education with children in schools. Both of them have been subject of C.R.B. checks.

The **C.A.S.E.** programme consists of 10 lessons, each being a regular weekly input of 30-40 minutes duration, and is delivered in conjunction with the class teacher. Each lesson focuses sharply upon the safety of each child and looks closely at stranger-danger, safety in the home and fire safety (usually with a visit by Nottinghamshire Fire & Rescue as seen in the picture below), safety whilst playing, how to deal with syringes (and first-aid in the event of injury), personal safety, what to do in an emergency, drugs and medicines (including tobacco, alcohol and non-medication drugs), disclosures, bullying, etc. Various teaching aids are used including pictures, role-play, video and song.

*A fire-fighter leading a **C.A.S.E.** lesson in a local school*



The **C.A.S.E.** programme helps at Key Stage 1 in the development of social and moral responsibility, community involvement and some basic preconditions of citizenship. The benefits of this programme framework will help children to:

- Value their achievements
- Assess and deal with certain types of risk
- Meet the challenges of life, both now and in the future
- Identify their values and strive to live up to them

C.A.S.E. helps our youngsters to:

- Develop self-esteem, confidence, and responsibility
- To make the most of their abilities
- Prepare to play an active role in citizenship
- Develop a healthier, safer life style
- Develop good relationships and to respect the differences between people
- Resist the bad pressures of society

The **C.A.S.E.** programme has been designed to complement **D.A.R.E.** (**D**rug **A**buse **R**esistance **E**ducation), Life-Education, Road Safety, Railway Safety and Fire Safety programmes in schools not to replace them, hence **C.A.S.E.** is directed at Key Stage 1 pupils. Each **C.A.S.E.** Instructor is of smart appearance and acts as a role model for the young people to look up to.

The National Healthy Schools Standard launched in 1999 supports the effective implementation of the PSHE and Citizenship Framework so schools, working with local partners and agencies, can promote PSHE, citizenship, drug education, emotional health, healthy eating, physical activity, safety, and sex and relationship education. **C.A.S.E.** is just one of those local partners who can help to keep our youngsters safe.

Children with their **C.A.S.E.** certificates and T-shirts.



Upon completion of the course, each child receives a **C.A.S.E.** certificate. Some schools taking part hold a 'Graduation' ceremony, whilst others hold special school assemblies. Popular at many graduations is the singing of the 'Think Bubble' song. Bright yellow **C.A.S.E.** T-shirts (the colour having been chosen for its safety values) are available for sale either prior to or at the graduation.

An Ofsted Inspector who viewed a **C.A.S.E.** lesson in a Mansfield School last year gave a glowing tribute to the lesson and personally recommended that **C.A.S.E.** should 'spread this programme further afield'; and that is just what the two **C.A.S.E.** Instructors are doing. Already successful in the Mansfield and Ashfield areas, both are now travelling further afield' with schools in the Newark & Sherwood, Gedling and Rushcliffe areas joining the **C.A.S.E.** scheme.